

HELMET FIT / SIZE CHART

STEP 1

MEASURE

Proper fit is a key component to the helmet's performance. Before purchasing a helmet, measure your head as shown (*Image 1*) – approximately 1" above the eyebrows at the widest point of your head. Use the Helmet Size Chart (see below) for a guideline; you may need to size up or down as described in the next steps.

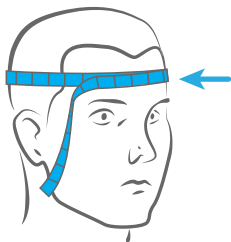


Image 1

Helmet Size Chart

Product	Size	Head Circumference
CSR	YOUTH	up to 22" (558mm)
CPVR	XXS	20.5" to 22" (520mm to 558mm)
	XS	21" to 22.5" (533mm to 571mm)
	S / M	21.5" to 23" (546mm to 584mm)
	M / L	22" to 23.5" (558mm to 596mm)
XRS	OSFM	21.5" to 24" (546mm to 609mm)
XRS YOUTH	YOUTH	up to 22.25" (565.15mm)
XRS PRO	OSFM	21.5" to 24" (546mm to 609mm)

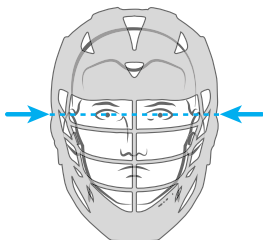


Image 2

STEP 2

POSITIONING

Place the helmet on your head and stand in front of a mirror. Your eyes should be centered to look out the top opening of the facemask (*Image 2*).

STEP 3

FRONT TO BACK

Use your fingers to feel just under the back and front rim of the helmet. The padding should be in firm, but comfortable, contact with the head. If there are any gaps or if the fit is too tight, try adjusting the front to back attachment system (*Image 3*), if available, or try another helmet size.

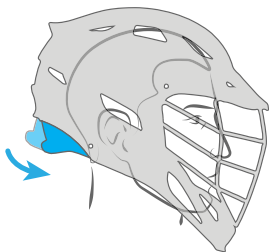


Image 3

HELMET FIT

STEP 4

SIDE TO SIDE

Check the side to side fit by insuring the padding is firm, but comfortable, to the side of face. (*Image 4*). If there are any gaps or if the fit is too tight, try adjusting the side to side attachment system, if available, or try another helmet size.

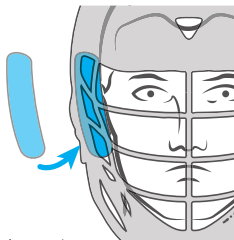


Image 4

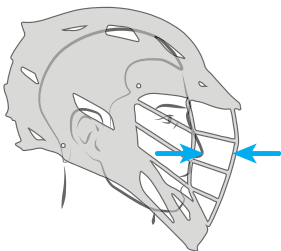


Image 5

STEP 5

FACEMASK

The clearance between the end of the nose and the inside of the facemask should be at least two to three finger widths (*Image 5*). Also, ensure that your vision has not been impaired by the placement of the horizontal bars. While wearing a properly adjusted helmet, the player will be looking through the center of the top opening of the facemask.

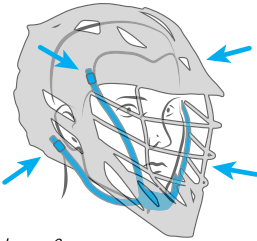


Image 6

STEP 6

CHIN STRAP

Fasten the chin strap at all four points of the helmet - this will keep the helmet in the proper position while you check the fit. To adjust the chin strap, hold the chin cup squarely and snugly on your chin (*Image 6*), and then adjust and fasten the top straps and finally the bottom. Make sure the tension is equal on all four straps and that no strap is pulled out of alignment.

STEP 7

FINAL OVERALL CHECK

The final goal is to obtain a firm, but comfortable grip on the head. Make sure you are looking through the center of the top opening of the facemask (1). Ensure the chin strap is fastened at all four points of the helmet (2). Lastly, rotate the helmet on the head (3). Look to see if the skin of the forehead moves with the helmet and the side padding touches flush to the cheeks (*Image 7*). If any of these checks are not met, start the fitting process again.

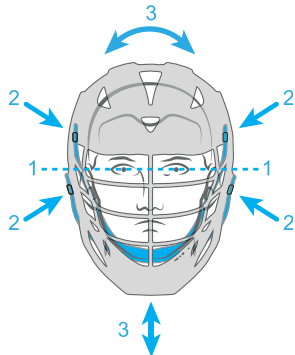


Image 7